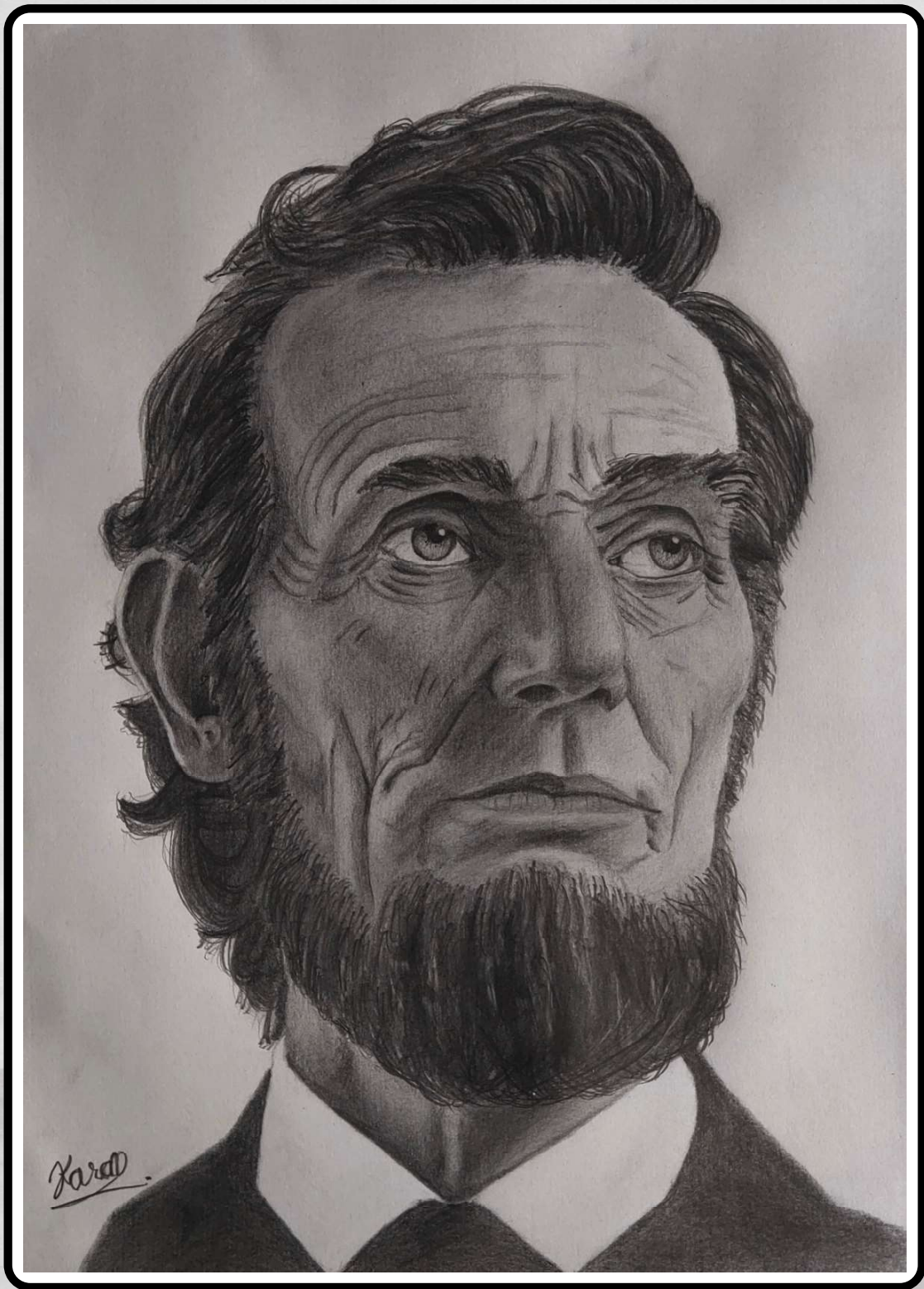
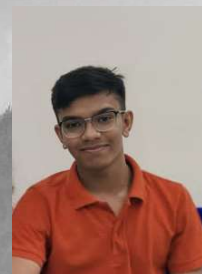


Meet Patel
2nd MBBS



Karan Diwan
II MBBS





Nuzahat Hingora
2nd MBBS



Chandresh Vadhel
3rd MBBS



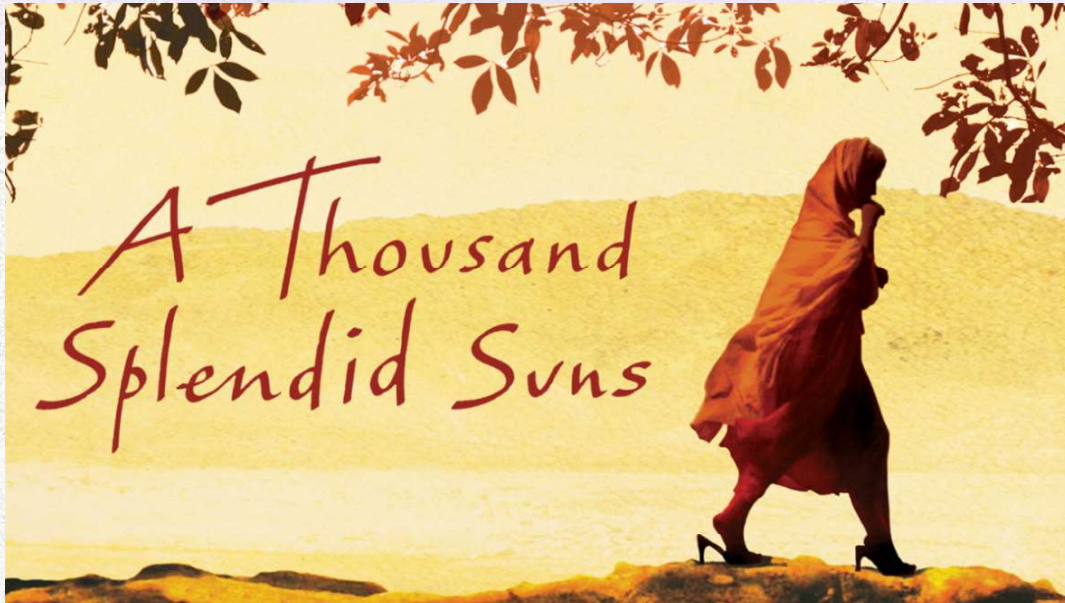
Zil Mochi
Final Year MBBS



Khush Kaneriya
III MBBS

A Thousand Splendid Suns

By Khalid Hosseini



The sign of a good book is not that you like it immediately but the one that stays with you for the longest time. Khalid Hosseini's "A thousand splendid suns" published in 2007 is bound to live with you once you're done reading this beautiful, riveting and haunting story of two women- Mariam and Laila. Born in two completely different times and households, the lives of these two women is jarred in a twist of unfortunate circumstances and events. This is a story following love, loss, terrors, male prejudice, patriarchy and female oppression with the Soviet-Afghan war and the civil war forming the main backdrop of the story.

It is a story of how Mariam and Laila, born almost a generation apart find themselves stuck in the most unexpected turn of events and discover a bond they had never expected to touch. The story stirs readers' heart with the turmoil of war they had never known before and lives of women under Taliban. Hosseini shows how a woman's love for her family can move her to shocking and heroic acts of self-sacrifice. Personally, this story in a way highlighted why there is a pressing need for a voice of women in such parts of the world.

"Learn this now and learn it well, my daughter: Like a compass needle that points north, a man's accusing finger always finds a woman. Always." Writing such emaculate and beautiful with Hosseini's brilliant storytelling makes this book a lifetime experience for the reader.

A thousand splendid suns is a haunting, heartbreaking, compelling story of an unforgiving time, an unlikely friendship and and indestructible love.

Jaina Sindha
III/II MBBS



THE RECENT BOOMING TECHNOLOGY

AI

The new technology that people are starting to acknowledge as the next leap in technology is AI or Artificial Intelligence. More technically AI is a broader term including everything from the language translator to programs like Chat GPT giving detailed answers to almost every question thrown to it. We are focusing more regarding the programs like Chat GPT which are machine learning based programs.

What makes these AI programs different from the normal programs we use in computers? A traditional non AI program are instructed before hand to accept a specific input, process it by following a particular set of instructions coded by humans and display the result, a relatively simple non intelligent way of solving a problem.

On the other hand these AI programs handle the problem in a different way. For better understanding assume these programs like a student in a school. The teacher in this case the programmer gives them a set of match the following questions to try to solve and then gives the correct answers after they attempt to solve it. The student then checks how good it has performed and learn from it and improves its mistakes. These AIs are trained in a similar but complicated way. They are given a large set of data of inputs and its correct output to analyses and process over and over for millions of times. Eventually the program creates relations between the inputs and outputs and able to correctly give the output to a given input. It is also able to accurately predict the answer to a question it has never faced before. The programmer didn't had to code the instructions to solve the problem hence making this way intelligent than the traditional way.

The capabilities of these AI programs are at a level not thought to be achievable by most of the people.

There are several AI programs that can mimic and speak like a person and all it requires is some lines of that person. The ability to create new or mimic voice is enhancing the user experience in various transcription services.

In the field of Robotics the AI upgrade has increased the capabilities of robots including things such as accurate and precise recognition of objects and differentiation giving them a more eye like sight. Performing more complicated tasks and detecting and fixing any error occurring during the task. Advancements like this will not only enhance the productivity in industries but also contribute to safety by minimising human exposure in hazardous environments like mines, deep ocean operations and also in future in extra planetary missions.

The recent implementation of interactive AI program in the social media platform Snapchat also amuses many of its users. The abilities of AIs like these to have a conversation similar to having with a real person is amazing. Some of these advanced AI can even confuse some people whether they are talking with a human or AI.

In the healthcare field AI has shown its potential in improving aspects such as better diagnostics by assisting in analysing and the results of medical images such as x rays, CT scans, microscopic tissue samples and other tests.

AI models are being used to analyse a vast amount of patients data to predict the risk of developing certain conditions. These will be a great approach to reducing the risk developing such conditions by providing early preventive measures in high risk individuals.

The future for the application of these AI programs in various fields and industries looks very promising and with the increasing recognition in the general public the rate of adoption is increasing.

But with these powerful capabilities these programs should be administered and handled properly to prevent its abuse for harmful purpose. Also due to the nature of its working these programs can be deceived to give wrong outputs by influencing the data it receives.

Recent advancements in machine learning have undeniably ushered in a new era of technological innovation. From healthcare to finance, and from transportation to daily online interactions, the impact of AI is becoming increasingly pervasive.

With careful consideration and ethical implementation, the future promises a landscape where machine learning contributes to solving some of the most pressing challenges of our time.



Deep Chaudhari
III/I MBBS

F O O D R E V I E W

"One Cannot Think Well , Sleep Well , Love Well if one has not dined Well"

~ Virginia woolf

Hello Foodies,

Food for a foodie guy is not simply a sustenance but an emotion described as a symphony of delight , where every flavor is a note contributing to a harmonious culinary experience. It's a combination of anticipation , excitement , and sheer joy as each bite unfolds a new layer of taste.

Me as one of the Foodie visited **Rajwadu**, located Nr. Jivraj Tolnaka, Behind Ambaji Temple, Malav Talav, 8, Malavtalav Lake Rd, Opposite Rajwadu hotel, Jivraj Park, Ahmedabad, Gujarat 380051; on 9th April 2023, luckily on my Birthday.

Along with the food, it becomes **સોને પે સુહાગા** when you have Class Ambiance matching with the food taste. Ambiance - perfectly with the name of restaurant. Where you will find various traditional crafts replicating those made by artisans back in 5000 BCs Other than Dining, it also contains various traditional shows like kat-putli show , Ghummar dance show which fetch your heart and make your day .

If I reflect on Servicing staff, then rating will be **4.8 out of 5** .Staff attentiveness was pretty good and also were helping in guiding the food according to your taste and niche. As far as menu is concerned, The restaurant had very crisp and concise menu list which would help you in ordering food and also your confusion is reduced regarding What to order?!! So you have Both options available of ordering Fixed Gujarati Thali or separate Multi cuisine according to your point of taste. Food presentation was also so authentic that would force you to catch a snap

If I analyse the taste and Flavour part of the food then I would rate it **4.5 out of 5** average for each and every dish. Every item had its specific taste that wouldn't saturate your taste buds.

Starting from શાક રોટી till desserts everything tasted fantastic. Personally વધારેલો રોટલો and વધારેલી ખીચડી blew my mind .

And yes as a gujarati one can't end it's meal without a lovely dessert. Hence as per my opinion , ગરમ ગરમ શિરો stood first in all desserts.

Quality and texture of the food had kept this restaurant's reputation tip top till date.

If I talk about the portion of the food in a single dish order , then it was pretty enough for the guy to fill his or her tummy .

Now coming towards the main thing that is cost effectiveness. Then definitely this restaurant was costly but if compared with some well renowned restaurants in the city, i found it relatively cheaper with good quality of the food and the ambiance as well. As per my personal experience and calculation one can satisfactorily enjoy the food at Rajwadu in a group in around 550-600 /- (per person) if ordering seperately. If you are ordering Fixed thali then it would rise the cost to around 889/- (adult) and 449/-(children) per person.

Overall, Rajwadu will not disappoint you and is a nice place for hanging out with your friends and colleagues.



Krish Dabhoya
III/I MBBS

Rise up against the odds

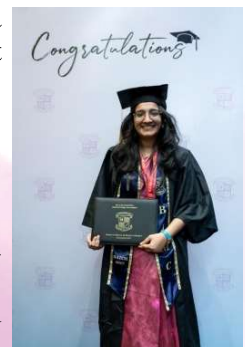
It's impossible to serve as a role model for them. Loving your dreams, taking each difficult step towards them, and embracing hard work with dedication is what shapes your dreams into reality. It's important to believe that things actually work out the way you think or wish them to. I always dreamt of becoming a doctor because they always helped me recover from the worst of health conditions and today I have managed to become one myself.

I am, Dr. Nida Laiya and I am currently pursuing Obs-Gyn at GCS Medical College in Ahmedabad. Doctors were shocked by my right-sided heartbeats at birth since I am born with Kartagener syndrome. As a result, I have been in touch with doctors since the beginning of my life! I have often struggled to breathe due to recurring lung infections every now and then. The way I was saved every single time with such issues and managed to regain life, inspired me to become a doctor. This decision was very tough for my parents, but they constantly encouraged me. I faced many challenges on the way. Due to repeated infections, I failed in 10th standard! My failure was the topic of conversation for all my schoolmates. I have to admit that this failure disturbed me both mentally and emotionally. But, I made a promise to myself that I wouldn't let myself down again, and I never did.

At times, circumstances and people around us make our will weak and we think that we are not capable of achieving our dreams, but what matters is the ability to push yourself just a bit more. We are usually just a little short of the winning line when we tend to give up. Never give up! We may not always get what we want but we need to keep pursuing. Can anyone justify my failure in 10th standard? However, it turned out to be an opportunity for me to understand my mistake. I analysed my failure, worked on myself, gained strength, and aimed to be the best version of myself. That was the turning point in my life.

After a lot of hard work, with dedication and strong faith, I managed to get admission at B. J. Medical College, Ahmedabad. Staying alone without family with persistent fever, weakness, and breathlessness was a very difficult task for me. But somehow, I managed to survive. I have faced peer pressure, breakdowns, anxiety and frustration. Despite the illness, I was able to graduate from one of the best medical colleges in Gujarat and become a doctor. I have undergone three major ENT surgeries; one of them just before the NEET PG examination! But, I had prepared myself from the very beginning and put in 100% efforts to take admission in Post-graduation on the first attempt. I now have got admission in Obs-Gyn at GCS Medical College. Although most people advised me to take a non-clinical branch, I had a dream of being able to treat my patients and bring smile and relief to their relatives, similar to what my parents would have felt when I got out of danger every time. So, set your goals high and pursue your dreams no matter what! I was always ambitious and grateful for the life I had, even with the fever spikes and harsh bouts of cough!

We may fear that we won't be able to fulfil our dreams, but there is always a way out! Keep a smile on your face, have faith, and be grateful for the ability to breathe easily. Trust me, not everyone is as lucky as you!



Dr. Nida Laiya
Ex- Intern,
B. J. Medical College, Ahmedabad

THE D CODE

In the era of social media, everyone looks happy on the outlook; but there is so much of chaos on the inside. Here, I am sharing some steps towards eternal happiness. Not everyone may need these; but if these help anyone; I would be very pleased.

5Ds towards happiness:

Discipline: What's the first step towards success? dream? No, this is the mistake that we make. Everyone has dreams; but not discipline required to make it happen. We all dream that one day I will achieve this but we don't wake up and work towards achieving our goals. We just waste our time in dreaming. Also, discipline does not mean that I will leave everything aside and just study. Discipline is finding the balance between duty and party.

खरगोश की तरह दौड़ना या कछुए की तरह रोज़ एक कदम बढ़ना क्या बेहतर है?

Direction: If we want to reach somewhere, we must first know the address; we can't just follow the road blindly. The same is true for life. Sometimes we feel that I work really hard but I still don't succeed. Efforts without direction are not going to be fruitful. Take a moment to think if you can find a new way to make things work. Always believe that you will find the path that will lead you to destination.

बैठे बैठे ऐसे कैसे कोई रस्ता नया सा मिले?

Detachment: You will come across situations that you will have to deal with by yourself. You may have friends that help you or support you and you should be thankful for such friends. But don't expect that someone is always going to be there for you. Everyone is busy fighting their own battles. Nobody is going to be there for you all the time!

Discover: Sudden emotional traumas are often difficult to handle as it can come quite unexpected. We often feel broken down and depressed. But understand that, sometimes having a depressed mood is ok. It's not a problem. (It's ok if you are not ok!)

Imagine if you are sitting in a dark room. Will you complain and cry about darkness or will you wake up and try to find a light switch? So don't waste your time in darkness. Instead, wake up keep and try to find light. Don't ever stop believing!

कौन कहता है आसमान मे सुराख हो नहीं सकता,
एक पत्थर तो तबियत से उछालो यारो.

Devote: At times, we feel that all this motivation is useless. I have tried everything; I have put in my efforts, emotions and time and still I don't succeed.

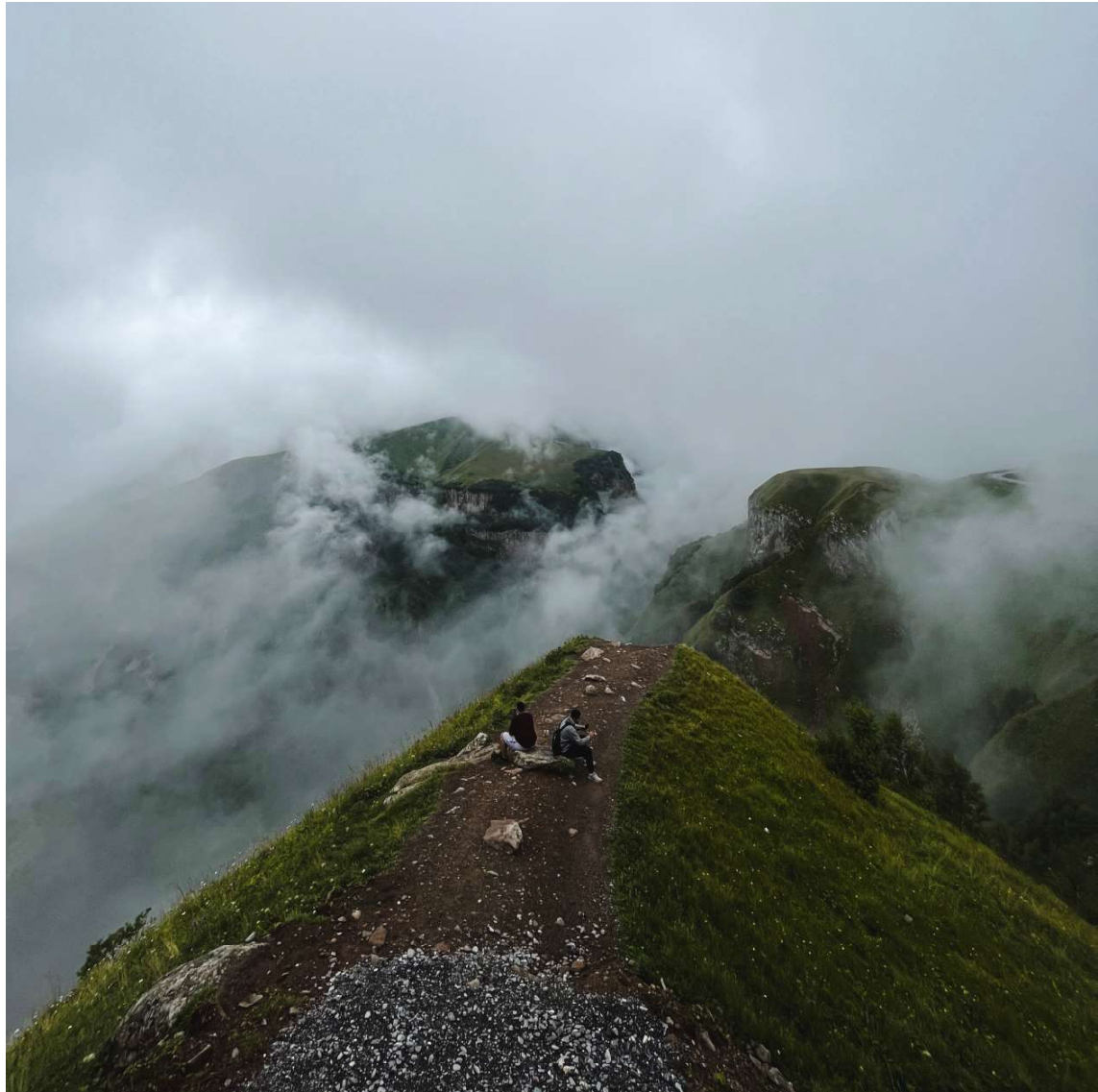
If you have tried everything and still things don't workout; leave it to the god almighty and destiny. Destiny has a better plan, a better place for you. Spirituality will bring you happiness. The problem arises when we don't try enough and get discouraged and leave it to the god. That's not right! You will always face some problems. If you can't solve it face it with courage and happiness. Spirituality will help you get through such tough phases in life.

मन का हो तो अच्छा ना हो तो और भी अच्छा
(क्यूंकि वो ईश्वर के मन का होता है)



Smit Modi
Intern





Utkarsh Khimani
II MBBS

Cam flutter



Dhairya Shah
II MBBS